

**Richland One School District
2021 Summer Feeding Menu**

Revised
6/11/2021



Week One	6/21/2021	6/22/2021	6/23/2021	6/24/2021	6/25/2021	6/26/2021	6/27/2021
Breakfast							
	1 ea. Breakfast Pizza	1 ea. Eggo's Chocolate Chip French Toast	2 oz. Assorted Cereal	2 ea. French Toast Sticks w/ syrup	1 ea. Mini Blueberry Pancake	2oz. Assorted Cereal	1 ea. Egg and Cheese Biscuit
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	1 each Assorted Fresh Fruit	1/2 C Cheese Grits	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit
	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	1 ea. Turkey Sausage Patty	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	1 each Assorted Fresh Fruit	8 oz. Milk	8 oz. Milk	8 oz. Milk
				4 oz. Assorted 100% Juice			
				8 oz. Milk			
Lunch							
	1 ea. Cheeseburger on WGR Bun	1 ea. Chili Cheese Dog on WGR Bun	8 oz. Chicken Fried Rice	3 oz. Homemade Meatloaf	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1/4 C Lettuce/2 Slices Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	1/2 C Mashed Potatoes	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1/2 C Grape Tomatoes
	8ea. Baked Fries	1/2 C Coleslaw	1 each Assorted Fresh Fruit	1/2 C Seasoned Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	1 ea. Assorted Fresh Fruit	Raisins	1 ea. Assorted Chips
	8 oz. Milk	8 oz. Milk		1 ea Assorted Cool Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

*This institution is an equal opportunity provider



**Assorted Fresh Fruit: Apples, Bananas, Oranges
Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons
1% Skim Milk Provided Daily**

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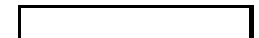


Week Two							
Breakfast	6/28/2021	6/29/2021	6/30/2021	7/1/2021	7/2/2021	7/3/2021	7/4/2021
	1 ea. Pancake on stick	1 ea. Chicken Biscuit	1 oz. Assorted Cereal	1 ea. Turkey Sausage gravy pizza	1 ea. Blueberry Muffins & 4 oz. Vanilla Yogurt	2 oz. Assorted Cereal	1 ea. Maple Waffle
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	1 each Assorted Fresh Fruit	4 oz. 100 % Juice	4 oz. 100 % Juice	1 each Assorted Fresh Fruit	4 oz. 100 % Juice
	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit	4 oz. 100% Juice	1 each Assorted Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
Lunch							
	2 oz. Beef Steak w/1 oz. onion gravy	6 oz. Sheppard's Pie	1 ea. Beef and Cheese Burrito	1 ea. Corndog	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1/2 C Mac and Cheese	1/2 C Black Eyed Peas	1/2 C Steamed Corn	1/2 C Tomato and Cucumber Salad	1 ea. Cool Tropic Veg	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1/2 C Lima Beans	1 ea. Cornbread	1 ea. Tortilla chips and 3 oz. Salsa	1/2 C Baked Beans	1 ea. Assorted Chips	Wheat Crackers	Cheeze it crackers, Strawberry Applesauce
	1 ea. Assorted fresh fruit	1 ea. Assorted Cool Tropic	1 ea. Assorted Fresh Fruit	1 ea. Assorted fresh fruit	1 ea. Assorted Fresh Fruit	100% Apple Juice	100% Juice Breaks Vegetable Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8oz. Milk	8 oz. Milk

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Week Three							
Breakfast	7/12/2021	7/13/2021	7/14/2021	7/15/2021	7/16/2021	7/17/2021	7/18/2021
	1 ea. Breakfast Pizza	1 ea. Eggo's Chocolate Chip French Toast	2 oz. Assorted Cereal	2 ea. French Toast Sticks w/ syrup	1 ea. Mini Blueberry Pancake	2oz. Assorted Cereal	1 ea. Egg and Cheese Biscuit
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	1 each Assorted Fresh Fruit	1/2 C Cheese Grits	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit
	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	1 ea. Turkey Sausage Patty	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	4 oz. Assorted 100% Juice	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			
Lunch							
	1 ea. Cheeseburger on WGR Bun	1 ea. Chili Cheese Dog on WGR Bun	8 oz. Chicken Fried Rice	3 oz. Homemade Meatloaf	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1/4 C Lettuce/2 Slices Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	1/2 C Mashed Potatoes	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1/2 C Grape Tomatoes
	8ea. Baked Fries	1/2 C Coleslaw	1 each Assorted Fresh Fruit	1/2 C Seasoned Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	1 ea. Assorted Fresh Fruit	Raisins	1 ea. Assorted Chips
	8 oz. Milk	8 oz. Milk		1 ea Assorted Cool Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

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Week Four							
Breakfast	7/19/2021	7/20/2021	7/21/2021	7/22/2021	7/23/2021	7/24/2021	7/25/2021
	1 ea. Pancake on stick	1 ea. Chicken Biscuit	1 oz. Assorted Cereal	1 ea. Turkey Sausage gravy pizza	1 ea. Blueberry Muffins & 4 oz. Vanilla Yogurt	2 oz. Assorted Cereal	1 ea. Maple Waffle
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	1 each Assorted Fresh Fruit	4 oz. 100 % Juice	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit
	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	1 ea. Apple	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
Lunch							
	2 oz. Beef Steak w/1 oz. onion gravy	6 oz. Chicken Pot Pie	1 ea. Beef and Cheese Burrito	1 ea. Corndog	Tukey & Cheese Wedge Sandwich	1 ea. Nacho Cheese Meal	1 ea. Beef Stick Meal:
	1/2 C Mac and Cheese	1/2 C Black Eyed Peas	1/2 C Steamed Corn	1/2 C Tomato and Cucumber Salad	1 ea. Cool Tropic Veg	Cheese cup, Sunflower Seeds	Beef Stick, Cheese Stick
	1/2 C Lima Beans	1 ea. Cornbread	1 ea. Tortilla chips and 3 oz. Salsa	1/2 C Baked Beans	1 ea. Assorted Chips	Wheat Crackers	Cheeze it crackers, Strawberry Applesauce
	1 ea. Assorted fresh fruit	1 ea. Assorted Cool Tropic	1 ea. Assorted Fresh Fruit	1 ea. Assorted fresh fruit	1 ea. Assorted Fresh Fruit	100% Apple Juice	100% Juice Breaks Vegetable Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8oz. Milk	8 oz. Milk



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Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons
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Week Five							
Breakfast	7/26/2021	7/27/2021	7/28/2021	7/29/2021	7/30/2021	7/31/2021	8/1/2021
	1 ea. Breakfast Pizza	1 ea. Eggo's Chocolate Chip French Toast	2 oz. Assorted Cereal	2 ea. French Toast Sticks w/ syrup	1 ea. Mini Blueberry Pancake	2oz. Assorted Cereal	1 ea. Egg and Cheese Biscuit
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	1 each Assorted Fresh Fruit	1/2 C Cheese Grits	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit	1 each Assorted Fresh Fruit
	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	1 ea. Turkey Sausage Patty	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice	4 oz. Assorted 100% Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	4 oz. Assorted 100% Juice	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			
Lunch							
	1 ea. Cheeseburger on WGR Bun	1 ea. Chili Cheese Dog on WGR Bun	8 oz. Chicken Fried Rice	3 oz. Homemade Meatloaf	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1/4 C Lettuce/2 Slices Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	1/2 C Mashed Potatoes	4 oz. Cool Tropics Trio-Veg	Sunflower Seeds, Wheat Crackers,	1/2 C Grape Tomatoes
	8ea. Baked Fries	1/2 C Coleslaw	1 each Assorted Fresh Fruit	1/2 C Seasoned Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	1 ea. Assorted Fresh Fruit	Raisins	1 ea. Assorted Chips
	8 oz. Milk	8 oz. Milk		1 ea Assorted Cool Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

Assorted Fresh Fruit: Apples, Bananas, Oranges

Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons

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