# Richland One School District 2021 Summer Feeding Menu

Revised 6/11/2021



Week One							
Breakfast	6/21/2021	6/22/2021	6/23/2021	6/24/2021	6/25/2021	6/26/2021	6/27/2021
		1 ea. Eggo's Chocolate		2 ea. French Toast	1 ea. Mini Blueberry	2oz. Assorted	1 ea. Egg and
	1 ea. Breakfast Pizza	Chip French Toast	2 oz. Assorted Cereal	Sticks w/ syrup	Pancake	Cereal	Cheese Biscuit
			1 each Assorted Fresh		1 each Assorted Fresh	1 each Assorted	1 each Assorted
	1/2 C Sliced Peaches		Fruit	1/2 C Cheese Grits	Fruit	Fresh Fruit	Fresh Fruit
		4 oz. Assorted 100%	4 oz. Assorted 100%	1 ea. Turkey Sausage	4 oz. Assorted 100%	4 oz. Assorted 100%	4 oz. Assorted 100%
	4 oz. Assorted 100% Juice	Juice	Juice	Patty	Juice	Juice	Juice
				1 each Assorted Fresh			
	8 oz. Milk	8 oz. Milk	8 oz. Milk	Fruit	8 oz. Milk	8 oz. Milk	8 oz. Milk
				4 oz. Assorted 100%			
				Juice			
				8 oz. Milk			
Lunch							
		1 ea. Chili Cheese Dog on WGR Bun		3 oz. Homemade Meatloaf	1 ea. Turkey Ham & Cheese Croissant	1 ea. Sunbutter Meal: Sunbutter cup	Anytimers Cheese Pizza Meal
	1/4 C Lettuce/2 Slices			1/2 C Mashed	4 oz. Cool Tropics Trio-	Sunflower Seeds,	
	Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	Potatoes	Veg	Wheat Crackers,	1/2 C Grape Tomatoes
			1 each Assorted Fresh	1/2 C Seasoned			
	8ea. Baked Fries	1/2 C Coleslaw	Fruit	Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	1 ea. Assorted Fresh Fruit	Raisins	1 ea. Assorted Chips
	8 oz. Milk	8 oz. Milk		Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

<sup>\*</sup>This institution is an equal opportunity provider

Assorted Fresh Fruit: Apples, Bananas, Oranges
Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons
1% Skim Milk Provided Daily



Week Two							
Breakast	6/28/2021	6/29/2021	6/30/2021	7/1/2021	7/2/2021	7/3/2021	7/4/2021
					1 ea. Blueberry		
				1 ea. Turkey Sausage	Muffins & 4 oz. Vanilla	2 oz. Assorted	
	1 ea. Pancake on stick	1 ea. Chicken Biscuit	1 oz. Assorted Cereal	gravy pizza	Yogurt	Cereal	1 ea. Maple Waffle
			1 each Assorted Fresh			1 each Assorted	
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	Fruit	4 oz. 100 % Juice	4 oz. 100 % Juice	Fresh Fruit	4 oz. 100 % Juice
		4 oz. Assorted 100%	4 oz. Assorted 100%	1 each Assorted Fresh	1 each Assorted Fresh		1 each Assorted
	4 oz. Assorted 100% Juice	Juice	Juice	Fruit	Fruit	4 oz. 100% Juice	Fresh Fruit
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
Lunch							
	2 oz. Beef Steak w/1 oz.		1 ea. Beef and Cheese		Tukey & Cheese	1 ea. Nacho Cheese	1 ea. Beef Stick
	onion gravy	6 oz. Sheppard's Pie	Burrito	1 ea. Corndog	Wedge Sandwich	Meal	Meal:
				1/2 C Tomato and		Cheese cup,	Beef Stick, Cheese
	1/2 C Mac and Cheese	1/2 C Black Eyed Peas	1/2 C Steamed Corn	Cucumber Salad	1 ea. Cool Tropic Veg	Sunflower Seeds	Stick
	1/2 C Lines Books	1 on Comphysia	1 ea. Tortilla chips and 3		1 as Assembled China	Wheet Carelina	Cheeze it crackers,
	1/2 C Lima Beans	1 ea. Cornbread	oz. Salsa	1/2 C Baked Beans	1 ea. Assorted Chips	Wheat Crackers	Strawberry Applesauce
	1 ea. Assorted fresh fruit	1 ea. Assorted Cool Tropic	1 ea. Assorted Fresh Fruit	1 ea. Assorted fresh fruit	1 ea. Assorted Fresh Fruit	100% Apple Juice	100% Juice Breaks Vegetable Juice
	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8oz. Milk	8 oz. Milk

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Assorted Fresh Fruit: Apples, Bananas, Oranges
Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons
1% Skim Milk Provided Daily



Week Thre	ee						
Breakfast	7/12/2021	7/13/2021	7/14/2021	7/15/2021	7/16/2021	7/17/2021	7/18/2021
		1 ea. Eggo's Chocolate		2 ea. French Toast	1 ea. Mini Blueberry	2oz. Assorted	1 ea. Egg and
	1 ea. Breakfast Pizza	Chip French Toast	2 oz. Assorted Cereal	Sticks w/ syrup	Pancake	Cereal	Cheese Biscuit
			1 each Assorted Fresh		1 each Assorted Fresh	1 each Assorted	1 each Assorted
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	Fruit	1/2 C Cheese Grits	Fruit	Fresh Fruit	Fresh Fruit
		4 oz. Assorted 100%	4 oz. Assorted 100%	1 ea. Turkey Sausage	4 oz. Assorted 100%	4 oz. Assorted 100%	4 oz. Assorted 100%
	4 oz. Assorted 100% Juice	Juice	Juice	Patty	Juice	Juice	Juice
				4 oz. Assorted 100%			
	8 oz. Milk	8 oz. Milk	8 oz. Milk	Juice	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			
Lunch							
						1 ea. Sunbutter	
	1 ea. Cheeseburger on	1 ea. Chili Cheese Dog on		3 oz. Homemade	1 ea. Turkey Ham &	Meal: Sunbutter	Anytimers Cheese
	WGR Bun	WGR Bun	8 oz. Chicken Fried Rice	Meatloaf	Cheese Croissant	cup	Pizza Meal
	1/4 C Lettuce/2 Slices			1/2 C Mashed	4 oz. Cool Tropics Trio-	Sunflower Seeds,	
	Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	Potatoes	Veg	Wheat Crackers,	1/2 C Grape Tomatoes
			1 each Assorted Fresh	1/2 C Seasoned			
	8ea. Baked Fries	1/2 C Coleslaw	Fruit	Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
					1 ea. Assorted Fresh		
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	Fruit	Raisins	1 ea. Assorted Chips
				1 ea Assorted Cool			
	8 oz. Milk	8 oz. Milk		Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

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Assorted Fresh Fruit: Apples, Bananas, Oranges
1% Skim Milk Provided Daily

Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons



Breakfast 1	7/19/2021 ea. Pancake on stick	7/20/2021 1 ea. Chicken Biscuit	7/21/2021	7/22/2021 1 ea. Turkey Sausage	7/23/2021 1 ea. Blueberry	7/24/2021	7/25/2021
1 (	ea. Pancake on stick	1 ea. Chicken Biscuit	4 4 16 1	1 ea. Turkey Sausage	· ·		
1	ea. Pancake on stick	1 ea. Chicken Biscuit	4 4	1 ea. Turkey Sausage	NAEC: O A M!II-		
1	ea. Pancake on stick	1 ea. Chicken Biscuit	4 4 1 10 1		Muffins & 4 oz. Vanilla	2 oz. Assorted	
			1 oz. Assorted Cereal	gravy pizza	Yogurt	Cereal	1 ea. Maple Waffle
			1 each Assorted Fresh		1 each Assorted Fresh	1 each Assorted	1 each Assorted
1/	/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	Fruit	4 oz. 100 % Juice	Fruit	Fresh Fruit	Fresh Fruit
		4 oz. Assorted 100%	4 oz. Assorted 100%		4 oz. Assorted 100%	4 oz. Assorted 100%	4 oz. Assorted 100%
4	oz. Assorted 100% Juice	Juice	Juice	1 ea. Apple	Juice	Juice	Juice
8	oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk
Lunch							
2	oz. Beef Steak w/1 oz.		1 ea. Beef and Cheese		Tukey & Cheese	1 ea. Nacho Cheese	1 ea. Beef Stick
or	nion gravy	6 oz. Chicken Pot Pie	Burrito	1 ea. Corndog	Wedge Sandwich	Meal	Meal:
				1/2 C Tomato and		Cheese cup,	Beef Stick, Cheese
1/	/2 C Mac and Cheese	1/2 C Black Eyed Peas	1/2 C Steamed Corn	Cucumber Salad	1 ea. Cool Tropic Veg	Sunflower Seeds	Stick
			4 7 111 11 12				
	/2.C.I.	4 6 1	1 ea. Tortilla chips and 3		4 4 1 101	W	Cheeze it crackers,
1/	/2 C Lima Beans	1 ea. Cornbread	oz. Salsa	1/2 C Baked Beans	1 ea. Assorted Chips	Wheat Crackers	Strawberry Applesauce
		1 ea. Assorted Cool	1 ea. Assorted Fresh	1 ea. Assorted fresh	1 ea. Assorted Fresh	1000/ 1	100% Juice Breaks
		Tropic		fruit	Fruit	100% Apple Juice	Vegetable Juice
8	oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8 oz. Milk	8oz. Milk	8 oz. Milk

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Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons
Assorted Fresh Fruit: Apples, Bananas, Oranges
1% Skim Milk Provided Daily



<b>Week Five</b>							
Breakfast	7/26/2021	7/27/2021	7/28/2021	7/29/2021	7/30/2021	7/31/2021	8/1/2021
Diedkiast	7/20/2021		7/20/2021	2 ea. French Toast	1 ea. Mini Blueberry	2oz. Assorted	
	1 5 16 15	1 ea. Eggo's Chocolate	2 4 1 6 1		•		1 ea. Egg and
	1 ea. Breakfast Pizza	Chip French Toast		Sticks w/ syrup	Pancake	Cereal	Cheese Biscuit
			1 each Assorted Fresh		1 each Assorted Fresh	1 each Assorted	1 each Assorted
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	Fruit	1/2 C Cheese Grits	Fruit	Fresh Fruit	Fresh Fruit
		4 oz. Assorted 100%	4 oz. Assorted 100%	1 ea. Turkey Sausage	4 oz. Assorted 100%	4 oz. Assorted 100%	4 oz. Assorted 100%
	4 oz. Assorted 100% Juice	Juice	Juice	Patty	Juice	Juice	Juice
				4 oz. Assorted 100%			
	8 oz. Milk	8 oz. Milk	8 oz. Milk	Juice	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			
Lunch							
						1 ea. Sunbutter	
	1 ea. Cheeseburger on	1 ea. Chili Cheese Dog on		3 oz. Homemade	1 ea. Turkey Ham &	Meal: Sunbutter	Anytimers Cheese
	WGR Bun	WGR Bun	8 oz. Chicken Fried Rice	Meatloaf	Cheese Croissant	cup	Pizza Meal
	1/4 C Lettuce/2 Slices			1/2 C Mashed	4 oz. Cool Tropics Trio-	Sunflower Seeds,	
	Tomatoes/3 ea. Pickles	8 each Tater Tots	1/2 C Steamed Carrots	Potatoes	Veg	Wheat Crackers,	1/2 C Grape Tomatoes
			1 each Assorted Fresh	1/2 C Seasoned			
	8ea. Baked Fries	1/2 C Coleslaw	Fruit	Green Beans	1 ea. Assorted Chips	100% Apple Juice,	1 ea. Ranch Dressing
					1 ea. Assorted Fresh		
	1/2 C Sliced Peaches	1/2 C Mixed Fruit Cup	8 oz. Milk	1 ea. Cornbread	Fruit	Raisins	1 ea. Assorted Chips
				1 ea Assorted Cool			
	8 oz. Milk	8 oz. Milk		Tropics	8 oz. Milk	8 oz. Milk	8 oz. Milk
				8 oz. Milk			

Assorted Fresh Fruit: Apples, Bananas, Oranges

Assorted Chips: Sunchips, WGR Cheetos, WGR Funyons

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